

East Haven Police Department 	Type of Directive: Policies & Procedures		No. 450.2
	Subject/Title: Use of Narcan	Issue Date: May 26, 2020	
		Effective Date: June 10, 2020	
Issuing Authority: Honorable Board of Police Commissioners	Review Date: Annually		
References/Attachments: N/A		Rescinds: General Order 2020-03 450.1	
		Amends: N/A	

I. PURPOSE

- A. The purpose of this directive is to set forth the policies and procedures of the East Haven Police Department (EHPD) regarding the use and administration of Narcan Nasal Spray (Naloxone Hydrochloride) to treat opioid overdoses and to minimize the effects of an overdose caused by opioids.

II. POLICY

- A. It is the policy of the East Haven Police Department for its trained officers to administer Narcan Nasal Spray to persons suspected of suffering from an opioid overdose in order to reduce the potential for a fatality associated with such an overdose.

III. DEFINITIONS

- A. Close Contact – Within a distance of 6 feet, potential exposure to respiratory droplets (i.e. coughing or sneezing), or direct physical contact with a person.
- B. Personal Protective Equipment (PPE) – Department-issued equipment used to protect members of the Department from specific emerging infectious diseases. Said equipment includes sterile-disposable gloves, isolation gowns/suits, respiratory protection (N-95 or higher-level respirator), and face shield/eye protection.

IV. PROCEDURES

- A. Recognizing Symptoms/Signs of an Opioid Overdose
1. Symptoms and signs of an opioid may include one or more of the following.
 - a. Unconsciousness, unresponsiveness, lethargy, and/or confusion.

- b. Pinpoint pupils; blood-shot eyes.
- c. Shallow or no breathing.
- d. Low blood pressure, suppressed cardiac function, and/or weakened pulse rate.
- e. Changes in one's skin color, generally to blue or gray, especially in the lips, finger tips, or nail beds.
- f. Seizures.
- g. Presence of drugs, drug paraphernalia or any other drug instrument (i.e. needles, spoons, tourniquets, and needle tracks).

B. Responding to the Scene

1. Upon arriving to a scene, officers shall do the following.
 - a. Assess the situation.
 - 1) If the person is conscious, identify yourself as a police officer and explain that you are there to help. Obtain any information that may be helpful in the medical treatment of the person.
 - b. Notify the East Haven Public Safety Communications Center (EHPSCC) and request Emergency Medical Services (EMS) if the officer determines the person is in need of medical attention.
 - c. Administer Narcan Nasal Spray in accordance with this directive and Departmental training if the officer believes the person is suffering from an opioid overdose.
 - 1) Officers are only authorized to administer Narcan Nasal Spray when they are wearing the appropriate Personal Protective Equipment (PPE) due to the potential dangers of close contact (i.e. exposure to fentanyl). The appropriate PPE to be worn includes all of the following.
 - a) Sterile-disposable gloves.
 - b) Isolation gown/suit.
 - c) N-95 mask or a higher-level respirator.
 - d) Face shield/eye protection.
 - d. While wearing the appropriate PPE, administer the Narcan Nasal Spray in the following manner.
 - 1) Remove the Narcan Nasal Spray kit from the go-bag.
 - 2) Peel back the tab that has the circle on it to open the Narcan Nasal Spray.
 - 3) Hold the Narcan Nasal Spray with your thumb on the bottom of the plunger and your index and middle fingers on either side of the nozzle.

- 4) Tilt the person's head back and provide support under the neck with your hand.
 - 5) Gently insert the tip of the nozzle into one of the person's nostril until your fingers on either side of the nozzle are against the bottom of the person's nose.
 - 6) Press the plunger firmly to administer the dose of the Narcan Nasal Spray.
 - 7) Remove the Narcan Nasal Spray from the nostril after administering the dose.
 - 8) Move the person onto his/her side (recovery position).
 - 9) Observe the person for two (2) to three (3) minutes, and if there is no improved breathing or regained consciousness, administer a second dose of Narcan in the other nostril.
- e. Notify the EHPSCC and the on-duty supervisor of the use of Narcan.
 - 1) When possible, an on-duty supervisor should respond to a scene where Narcan has been administered.
 - f. Notify EMS personnel of the use of Narcan and provide them with any other useful information upon their arrival to the scene.
 - g. Discard the used Narcan Nasal Spray into an appropriate trash receptacle.

C. Officer's Responsibilities

1. One (1) Narcan Nasal Spray kit will be placed and carried in each Department go-bag.
2. Each officer and supervisor working patrol on the road, shall have a go-bag with him/her during his/her tour of duty.
3. Officers shall ensure their assigned go-bag is stocked with a Narcan Nasal Spray kit at the beginning of their tour of duty.
 - a. Missing, damaged, and/or expired kits shall be reported in writing directly to the officer's immediate supervisor.
 - b. A replacement kit will be provided and placed into the appropriate go-bag.
4. Officers shall administer Narcan in accordance with this directive and Departmental training.
 - a. The Department's canine handlers are authorized to administer Narcan to their canines if they believe their canines are suffering from an opioid overdose.
5. The use and administration of Narcan shall be documented in an incident report. The incident report shall include the circumstances surrounding the use of Narcan.

D. Narcan Program Coordinator's Responsibilities

1. The Chief of Police or his/her designee will assign a member of the Department as the Narcan Program Coordinator.
2. The program coordinator shall create and maintain an approved training curriculum that is up to date with current material.
 - a. The training curriculum shall be submitted to the Head of Administration and Training Division (ATD) for approval.
3. The program coordinator along with the ATD shall ensure all officers have completed training on the administering of Narcan.
4. The program coordinator shall ensure an adequate, non-expired supply of Narcan Nasal Spray is available for the Department's use.
 - a. Narcan Nasal Spray kits shall be stored safely and consistently with the manufacturer's guidelines.
5. Records of the receipt and assignment of each Narcan Nasal Spray kit and replacement shall be maintained by the program coordinator.

E. Training Requirements

1. All officers shall be trained on the administering of Narcan Nasal Spray prior to its utilization on a person.
 - a. Annual in-service refresher training will be provided to officers.
2. Training shall include, at minimum, the following.
 - a. Risk factors of an opioid overdose.
 - b. Symptoms/signs of an opioid overdose.
 - c. Use of Narcan and its possible side effects.
 - d. Reporting requirements.